Community Yoga

Community Yoga
20823 North Main St.
Suite 117
Cornelius, NC 28031
704 -491 -4749



www.communityoga.com

| Please Write Clearly | | | | | | | | _ | |
|--|--------------|-----------------|---------------|---------------|---------------|-------------|----------------|----------------------|---------------|
| | | | | | | | | | |
| Name | | | | I | | | How did you | u hear about us? |) |
| | | | | | | | | | |
| Address | | | | | | | (news, ema | il, friend, flyer, s | ign, etc) |
| | (street) | | | | | | | | |
| Address | | | | | | | | e any interest in | |
| | (City, St | ate Zip) | | | | | the Commu | nity projects tha | t we support? |
| Preferred Phone | | | | | | | | | |
| Preferred Email | | | | | | | Do you hav | e any projects th | at you |
| Date of Birth | | | | | | | would like to | | _ |
| Date of Birth | | | | | | | Wodia into t | o daggoot. | |
| Medical Info (pertinent issues) (continue on reverse if necessary | | | | | | | | ssary) | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| (all your contact inf | ormation wil | be kept co | nfidential) | | | (continue o | n reverse if r | necessary) | |
| Student Awarenes | • | | | | | | | | |
| - | _ | nsibility to cl | heck with m | v medical do | ctor before | beginning a | nv new exer | cise program and | d to |
| I understand that it is my responsibility to check with my medical doctor before beginning any new exercise program and to monitor my own level of physical work in classes at the Community Yoga Center. I will let my instructor know prior to | | | | | | | | | |
| class if I have any conditions that need additional monitoring and I will let my instructor know immediately if I feel | | | | | | | | | |
| any discomfort or pain during a class. I release Community Yoga from and any and all liability and obligations that may | | | | | | | | | |
| arise as a result of | my participa | ting in any o | class or prog | gram at Com | munity Yoga | a. | | | |
| By signing helow L | confirm that | I have read | and unders | tand the poli | cies of the (| Community \ | ∖oga Center | and will adhere | |
| By signing below I confirm that I have read and understand the policies of the Community Yoga Center and will adhere to these for the time that I take classes at Community Yoga. | | | | | | | | | |
| | | | , | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | Signature | | | | | | | Date | |
| Teacher: | | | | | | | | | |